



Highfields State
Secondary College

Semester 1 Course Overview

Faculty: Vocational Education and Training

Subject: Certificate II in Outdoor Recreation

Year Level: 12

Course Outline

This qualification reflects the role of individuals who assist with operational logistics and the delivery of recreational activities. They work under direct supervision and with guidance from those responsible for planning, finalising and delivering activities, including program managers and leaders.

Assistants use a range of fundamental activity techniques during activities and can work in indoor and outdoor recreation environments, adventure learning centres or camps. The combined skills and knowledge provided by this qualification do not provide for a job outcome as a leader and further training would be required before moving into those roles.

This qualification provides a pathway to work for any type of organisation that delivers outdoor recreation activities including commercial, not-for-profit and government organisations.

Term 1

SISXIND002 Maintain sport, fitness and recreation industry knowledge

1. Update and apply structural and operational knowledge.
2. Update and apply legal and ethical information.
3. Update and apply information on technology.
4. Update and apply knowledge.

SISCAQU002 Perform basic water rescues

1. Identify and evaluate aquatic emergencies.
2. Apply basic water rescue principles.
3. Communicate incident details.

HLTWHS001 Participate in workplace health and safety

1. Follow safe work practices
2. Implement safe work practices
3. Contribute to safe work practices in the workplace
4. Reflect on own safe work practices

Term 2

SISOFLD002 Minimise environmental impact

1. Determine environmental impacts of outdoor recreation activities.
2. Communicate minimal impact practices to participants.
3. Conduct activities with minimal impact.

SISOFLD001 Assist in conducting recreation sessions

1. Assist with activity preparation.
2. Assist with participant preparation.
3. Assist with session activities.
4. Complete post activity responsibilities.

SISXCAI001 Provide equipment for activities

1. Identify equipment requirements.
2. Issue and set up equipment.
3. Dismantle and check equipment.
4. Store equipment.